



### High School Curriculum (Grades 9-12)

Lessons address the increasing responsibility of adolescents and young adults for their own personal safety in each setting where they may be at risk of experiencing abuse. Students develop a broader understanding of abusive behavior and preventative approaches while also continuing to identify the safe adults and peers supportive of a robust safety network.

### Evaluation Findings

#### Curriculum items with largest knowledge gains:

##### Grade 9

- Safe adults (+15.8%)
- Abuse over the internet (+15.4%)
- Neglected children do worse in school (+12.5%)
- Bullying long-term effects (+10.3%)

##### Grade 10

- Safety rules (+20.0%)
- Abuse by someone with power (+13.0%)
- Safe adults (+9.5%)
- Neglected children do worse in school (+8.2%)
- Child abuse (+7.8%)
- Child neglect material things (+6.5%)
- Physical abuse (+5.5%)

##### Grade 11

- Safe adults (+20.8%)
- Child abuse (+14.2%)
- Anti-bullying laws (+13.0%)
- Child neglect material things (+13.0%)
- Internet predators (+12.8%)
- Illegal sexual activity (+11.4%)

##### Grade 12

- Anti-bullying laws (+12.9%)
- Safety rules (+12.1%)
- Safe adults (+10.3%)
- Child abuse (+6.8%)
- Neglect (+4.4%)
- Neglected children do worse in school (+3.6%)

### HS Key Terms

- Autonomy
- Bullying
- Consent
- Cyber abuse
- Cyberbullying
- Emotional abuse
- Grooming
- Healthy relationships
- Neglect
- Physical abuse
- Public and Permanent Info
- RESIST
- Safe adult
- Sexual abuse

**More than 80% of 10-12 graders said they learned ways to keep themselves safe and are better prepared to protect themselves against child abuse.**

### Why choose Childhelp Speak Up Be Safe?



Trained and certified facilitators deliver age-appropriate lessons twice a year.



Online resources are available for facilitators, teachers, school administrators, parents, and community members.



Take home materials reinforce learning and engage parents and caregivers.